

# **The Patient Voice**

Tuesday, December 06, 2022 Alex M. McComber DSc (hon.) MEd Dept. of Family Medicine Kanien'keha:ka, Kahnawake Territory

#### She:kon Welcome Bienvenue





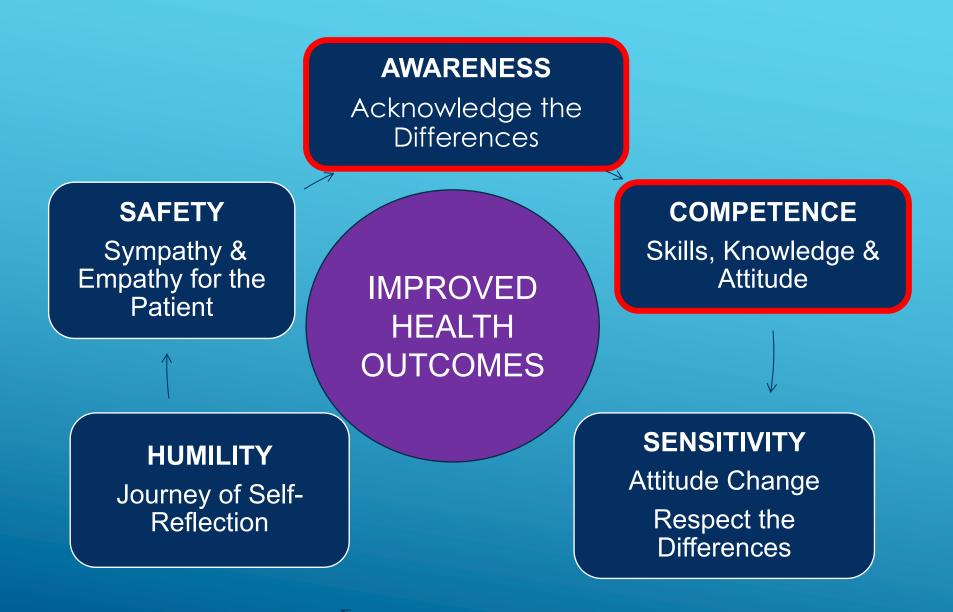
#### Bringing Our Minds Together

#### Ohen:ton Kariwatehkwen

"The words that come before all else"

> Poster by Norma General, Cayuga Turtle Clan, Oshweken Territory, Six Nations, Ontario

# **The Cultural Safety Journey**





Wahsonti:io Rita Stalk McComber

Tehonwakenare Alex McComber

#### **Roles of Family Physicians**

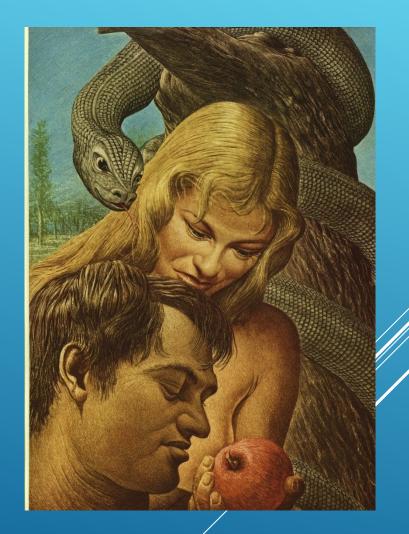
- 1. Expert
- 2. Communicator
- 3. Collaborator
- 4. Leader
- 5. Health Advocate
- 6. Scholar
- 7. Professional



CanMEDS-Family Medicine: Indigenous Health Supplement 2020

# **Family Physician as Expert**





#### Family Physician as Leader



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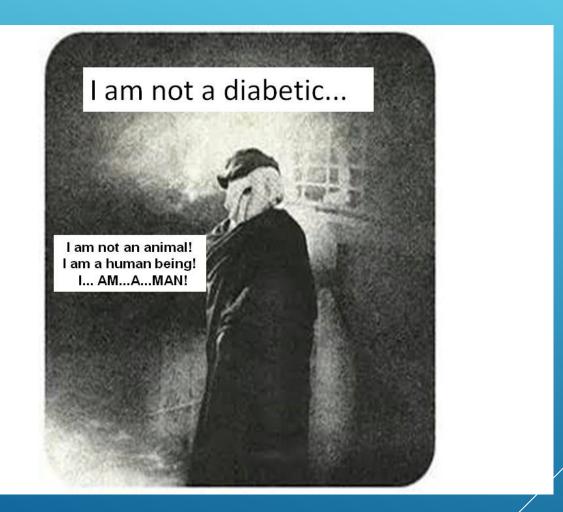
#### **Family Physician as Communicator**



# Family Physician as Collaborator



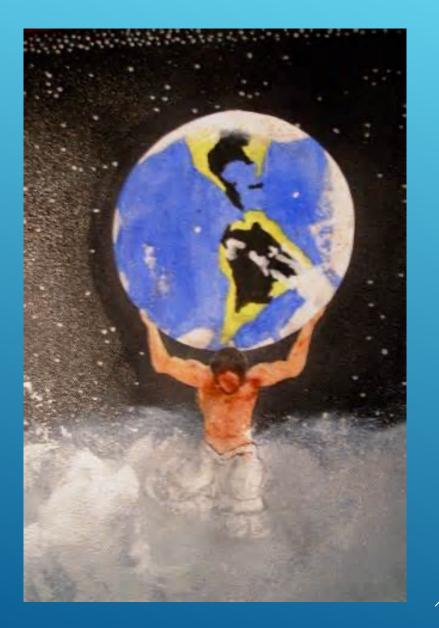
#### Family Physician as Health Advocate



#### Family Physicians as Scholar



#### Family Physician as Professional

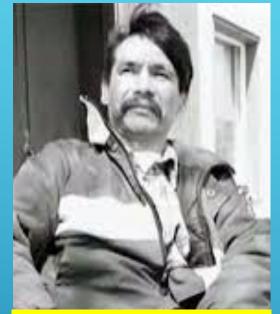


"I want to get rid of the Indian problem. I do not think as a matter of fact, that the country ought to continuously protect a class of people who are able to stand alone... Our objective is to continue until there is not a single Indian in Canada that has not been absorbed into the body politic and there is no Indian question, and no Indian Department, that is the whole object of this Bill."

- Duncan Campbell Scott, Minister of Indian Affairs (1913-1932)



Joyce Echaquan



**Brian Sinclair** 



**River Jordan Anderson** 







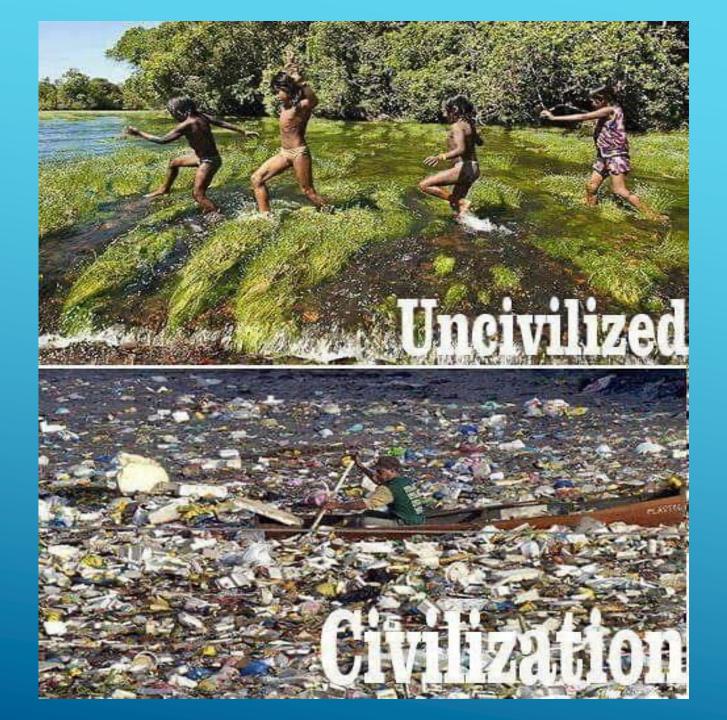




#### **PRINCIPLES OF WELLNESS**



Skennen Ka'nikonhri:io Kahsestenshera Konnonronkwashera



# **The Invasion**



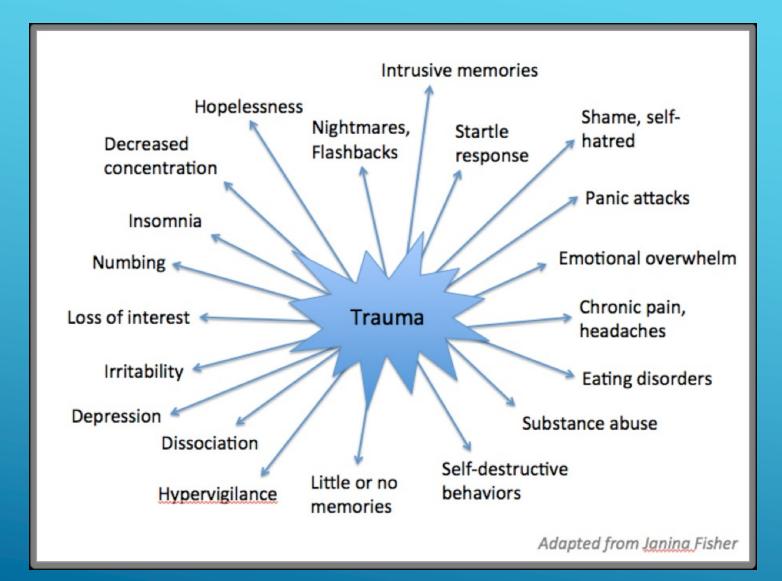


#### Ethnostress

The label for the confusion & disruption a people with common identity experience in their world from the negative realities of the larger imposing society.

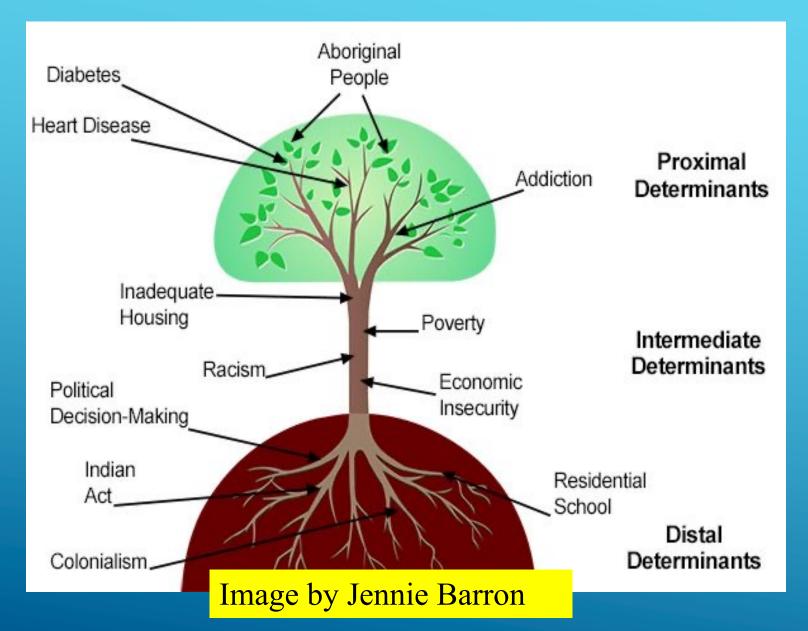
Adapted from "Ethnostress: The Disruption of the Aboriginal Spirit" by Bob Antone & Diane Hill, Tribal Sovereignty Associates, Hagersville, Ontario NOA1H0 (August 1992) Copyright

#### **Impact of Trauma**



http://rachelintheoc.com/2015/03/trauma-survivors-have-symptoms-instead-of-memories-by-guest-linneabutlermft/

#### Social Determinants of Health



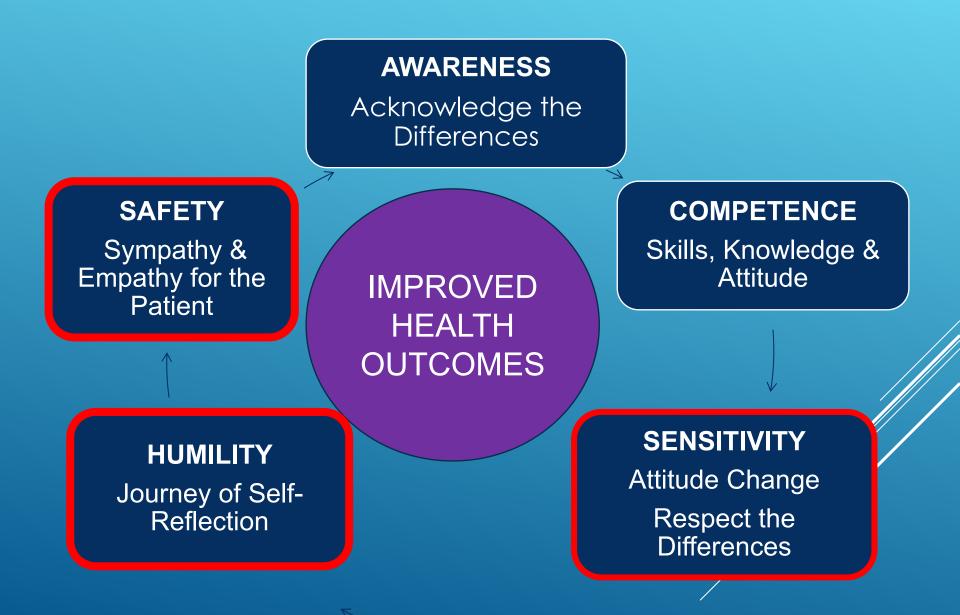
#### Building Culturally Safe & Respectful Relationships & Environments



"How safe did the service recipient experience a service encounter in terms of being respected and assisted in having their cultural location, values, and preferences taken into account in the service encounter?"

Ball, J. (2007a). *Creating Cultural Safety in Speech-language and Audiology Services*. PowerPoint Presentation: Presented at the Annual Conference of the BC Association of Speech-Language Pathologists and Audiologists, Whistler, BC, October 25, 2007.

# **The Cultural Safety Journey**



# Family Physician Suggested Actions

- Work side-by-side with patients, families & communities.
- Incorporate family & community perspectives & values within patient-centred care
- Address racism, discrimination & power differentials within the clinical context
- Address misconceptions & assumptions of Indigenous Peoples.
- Understand the legacy of history on current health outcomes & health care contexts.
- Learn & practice trauma and violence informed care & healing-centred engagement.
- Respect & value Indigenous knowledge & traditional ways for health, wellness
  & healing. CanMEDS-Family Medicine: Indigenous Health Supplement 2020



On behalf of the faces yet to come -**Ratikonsatatie** Nia:wen Thank you **Merci**